

Essence: Sweet children, remove the rubbish of the vices from your souls and become pure flowers. Only by having remembrance of the Father will all the rubbish be removed.

Question: In which one aspect do you children who are becoming pure have to *follow* the Father?

Answer: The Father is supremely pure and doesn't *mix* with souls who become impure with rubbish; He remains very *sacred*. Similarly, you children who are also becoming pure have to *follow* the Father. *See no evil*.

Om shanti. The Father sits here and explains to you children. Both are fathers. One is called the spiritual Father and the other is called a physical father. The body of both is one, and so it is as though both fathers are explaining. Although one explains and the other understands, it would still be said that both are explaining. There is so much dirt that has accumulated on such a tiny soul. So much loss is incurred when dirt is accumulated. This profit and loss is visible when souls are in their bodies. You know that when we souls become pure, we will receive bodies that are as pure as those of Lakshmi and Narayan. So much dirt is now accumulated on souls. When honey is collected, it is filtered, and so much rubbish is removed and the pure honey is separated. Souls too become very dirty. This soul was clean and completely pure and his body was so beautiful. Look how beautiful the bodies of Lakshmi and Narayan are. People only worship bodies; they don't see the souls. They have no recognition of a soul. At first, souls were beautiful and they received pure bodies. You too now wish to become like them. So, you souls have to become that pure. A soul is said to be tamopradhan because it is *full* of rubbish. It has the rubbish of body consciousness and also that of lust and anger. In order to remove the rubbish from something, it is filtered. When something is filtered, its colour changes. If you sit and think about this very well, you will *feel* that there is a lot of rubbish within you. There is the existence of Ravan in souls. By your staying in remembrance of the Father now, the rubbish will be removed. This too takes *time*. The Father explains: Because of having body consciousness, there is so much rubbish of the vices. The rubbish of anger is no less. It is as though an angry person burns within. His heart burns due to one thing or another. His face also becomes as red as copper. You souls now understand that you have become burnt. You now know how much dirt there is in souls. There are very few people who understand these things. *First-class* flowers are needed for this. There are many defects now. You have to remove all weaknesses and become completely pure. This Lakshmi and Narayan are so pure. In fact, no one has the right to touch them. Impure ones cannot go and touch such elevated, pure deity idols. They are not worthy of touching pure ones. No one can touch Shiva. He is incorporeal, and so He cannot be touched. He is the *most* pure. People keep a large image of Him, because no one can touch such a tiny point. When a soul enters a body, the body grows; the soul doesn't become larger or smaller. This is a world of rubbish. There is so much rubbish in souls. Shiv Baba is very *sacred*. He is very pure. Here, everyone is made out to be the same. They even say to one another: You are like an animal! Such language is not used in the golden age. You souls now *feel* that a lot of dirt has accumulated on you. Souls are no longer worthy of having remembrance of the Father. Maya also considers souls to be unworthy and pushes them aside. The Father is so *sacred*! Look what we souls have become from what we were. The Father now explains: You called out to Me to come and make souls pure. Souls are filled with a lot of rubbish. Not all flowers in a garden are *first class*; they are numberwise. The Father is the Master of the Garden. Souls become so pure and then become so dirty. They become like thorns. There is the rubbish of body consciousness, lust and anger in souls. Human beings have so much anger in them. When you become pure, you won't feel like looking at anyone's face - *see no evil*! You mustn't even look at impure beings. When souls become pure and receive pure new bodies, they don't see any rubbish at all; this world of rubbish ends. The Father explains: You have become such rubbish by becoming body conscious. You have become impure. Children call out: Baba, I have an evil spirit of anger in me. Baba, I have come to You to become pure. You know that the Father is *ever pure*. People *defame* the *Highest Authority* so much by calling Him omnipresent. You also dislike yourselves so much because you can see what you were and what you have now become. Only you children understand these things. No one else can explain this *aim or objective* in any other spiritual gathering or *university* etc. You children now understand how souls have continued to accumulate rubbish. There was a reduction of two degrees and then four degrees and souls continued to be filled with rubbish in this way, and this is why they are called tamopradhan. Some burn with greed and some burn with attachment and die. They will burn and die in that stage. You children now have to shed your bodies in remembrance of Shiv Baba who is making you become like them. The Father made Lakshmi and

Narayan become like that. So, you have to remain very careful. Many storms will come. There are only storms of Maya; there are no other storms. Similarly, they have stories of Hanuman etc. in the scriptures. They say: God created the scriptures. God speaks the essence of all the Vedas and scriptures. God granted salvation, so why would He need to write scriptures? The Father says: *Hear no evil!* You cannot become elevated through those scriptures etc. I am separate from all of those. No one recognises Me. No one knows what the Father is. The Father knows who does His *service*, that is, only those who become benevolent and benefit others climb onto the Father's heart. Some are such that they don't even know about *service*. You children have received this knowledge of considering yourselves to be souls and of remembering the Father. Although you souls become pure, your bodies are still impure. There is the difference of day and night between the *activity* of souls who become pure and those who don't. It can also be known from their behaviour. No one's name is mentioned. If their names were mentioned, they might become even worse. You can now see the difference between what you were and what you have to become. Therefore, you have to follow *shrimat*. All the rubbish you are filled with has to be removed. In worldly relationships too, a father gets fed up with his children if they become very dirty. He would say that it would be better if he hadn't had a child like that. There is fragrance in a flower garden. However, according to the *drama*, there is also rubbish. No one even wants to look at an uck flower. However, when you go into a garden, your vision would fall on all the flowers. The soul would say: This one is such-and-such a flower. You would take fragrance from good flowers. The Father also sees how much some souls stay on the pilgrimage of remembrance, how pure they have become and how they make others pure like themselves and how much of this knowledge they relate. The main thing is to be "Manmanabhav". The Father says: Remember Me and you will become a pure flower. Lakshmi and Narayan were such pure flowers. Shiv Baba is still more *sacred* than that. People don't know that Shiv Baba made Lakshmi and Narayan become like that. You know that they became that by making this effort. The Father explains a great deal. Firstly, you have to stay on the pilgrimage of remembrance so that the rubbish can be removed and you souls can become pure. Many people come to you at the *museums* etc. You children have to have a lot of interest in doing *service*. You mustn't renounce *service* and go to sleep. You have to remain very *accurate* in doing *service*. You people leave yourselves *time* for *rest* even at the *museums*. Your throats become tired and you do have to eat, but, day and night, you should have the enthusiasm inside yourselves to show the path to anyone who comes. If people come during meal *times*, you have to *attend* to them first and then take your meal. You should be those who do such *service*. Some have a lot of body consciousness and they become lords who love to rest. The Father has to tell you: Renounce this lordship! The Father would also grant visions: Look at your status. You yourself put the axe of body conscious on your foot. Many children compete with Baba. Oh! this is Shiv Baba's chariot and it has to be looked after. There are some here who take a lot of medicine from *doctors*. Baba says: You have to keep your body healthy, but you also have to look at your stage. If you eat in remembrance of Baba, nothing will cause you any harm. By having remembrance, you will be filled with power. Your food will become very pure. However, you don't yet have that stage. Baba says: The food prepared by Brahmins is the highest of all, but that is only when they prepare it whilst staying in remembrance. By preparing it in remembrance, those who prepare it will benefit and those who eat it will also benefit. There are many who are like uck flowers. What status will those poor people claim? The Father has mercy for them. However, it is also fixed for some to become maids and servants. You mustn't become happy with that. Some don't even think: I have to become that! Instead of becoming maids and servants, it would be better if you become wealthy; you would then be able to have maids and servants. The Father says: Constantly remember Me alone and attain happiness by remembering Me. Devotees sat and created the rosary to rotate. That is the work of devotees. The Father simply says: Consider yourselves to be souls and remember the Father, that is all! You don't have to chant mantras or turn rosaries. You have to know the Father and remember Him. You don't have to say "Baba, Baba" with your mouths. You know that He is the unlimited Father of us souls. By remembering Him, we will become satopradhan, that is, we souls will become pure. It is so easy! However, this is a battlefield; you have to battle with Maya. She repeatedly breaks your intellects' yoga. The more loving someone intellect's is at the time of destruction, the higher the status he claims. You mustn't remember anyone except the One. In the previous cycle, too, such ones emerged and became the beads of the rosary of victory. The rosary of Rudra is of Brahmins, who belong to the Brahmin clan and who make a lot of incognito effort. This knowledge is incognito. The Father knows each one very well.

Those who were considered to be very good ones are no longer here today. There is a lot of body consciousness and they are unable to have remembrance of the Father. Maya slaps them very hard. There are very few from whom the rosary can be created. Therefore, the Father still explains to you children: Continue to look at yourselves, as to how you were such pure deities and then, from those, how you became like rubbish. You have now found Shiv Baba and so you have to follow His directions. You mustn't remember bodily beings. You mustn't remember anyone else. You mustn't even keep anyone's picture. Let there be remembrance of one Shiv Baba alone. Shiv Baba doesn't have a body of His own. I take this one *temporarily on loan*. He makes so much effort to make you into deities like Lakshmi and Narayan. The Father says: You invite Me into this impure world. I purify you and you don't even invite Me into the pure world. What would He do there? His *service* is to purify everyone. The Father knows that you have been so burnt that you have become like charcoal. The Father has come to make you beautiful. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to you spiritual children.

Essence for dharna:

1. Remain very *accurate* in doing *service*. Let there be enthusiasm for doing *service* day and night. Never renounce *service* and go for a rest. Become as benevolent as the Father.
2. Become one with a loving intellect by having remembrance of the One and remove the rubbish from within you. Become a fragrant flower. Do not attach your heart to this world of rubbish.

Blessing: May you stabilise your mind and intellect on the seat of your elevated stage and become an embodiment of tapasya.

A tapaswi always does tapasya while seated on one or another seat. The seat of you tapaswi souls is your stable, angelic stage. To stabilise yourself in this elevated stage means to sit on your seat. A physical body sits on a physical seat, but you sit your mind and intellect on this elevated seat. Those tapaswis stand on one leg whereas you stabilise yourselves in a constant and stable stage. Theirs is hatha yoga whereas yours is easy yoga.

Slogan: You, the children of the Father, the Ocean of Love, remain full of the Ganges of love.

*** OM SHANTI ***